

Dear friends, dear colleagues,

as most of you might know already, during my fieldwork stay in Ladakh in August a natural disaster - flash floods and mudslides – caused the death of hundreds of people, destruction of 1000 buildings, almost all bridges, roads, the hospital, radio station, telephone lines, and almost all crops. Still some hundreds of people are missing. At the time of the disaster and afterwards I stayed in the Tibetan refugee settlement which also was severely affected.

After the disaster, many of you have sent generous donations and thus enabled me to provide a network of support activities for flood victims in the Tibetan refugee settlement as well as in Leh and the Ladakh – Changthang area. From my heart and also in the name of many Tibetan, Ladakhi, Bihari, Rajasthani and Nepali flood victims I want to thank everybody who supported this work!!! With your donations and other donations collected by Bodhicitta e.V., Tara Trust and Kreuzberger Kinderstiftung, and the help and cooperation with Tibetans, Ladakhis and Indians from other part of the country, and other NGOs in Ladakh, I was able to set up the following projects:

Flood relief / Choglamsar

- 1) common kitchen CRO campus** **EUR 2309,-** (in cooperation with M.O.S.T.)
3 meals a day for 250-300 Tibetans in flood relief camp, duration 2 months, we covered 50% of total expenses.



- 2) winter food stock for needy families** **EUR 3612,-** Nov. 2010 – March 2011
distribution of rice, flour, lentils, oil, tea and sugar to 40 families, mainly poor old or sick families without support, or poor families with many children



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| 3)basic sets: kitchen basics, warm blankets, money for clothes, pressure cooker
for 17 families whose all things were lost | EUR 1812,- | (spent) |
| 4)RS 1000 for each family in category A,B,C
(79 families in list, 2 not listed)
categories A,B,C describe: houses completely destroyed, major damages, minor damages | EUR 1350,- | (spent) |
| 5)RS 1000 for each family in category C
(requested by CRO)
CRO: Chief Representative Office | EUR 500,- | (handed over to CRO) |
| 6) medical aid
treatment of 102 patients
Remaining budget for medical aid was transferred to medical support for Tashi Tsering, see No. 21) | EUR 341,- | (in cooperation with Dr. Makkar, Mentsikhang Choglamsar and army hospital in Leh) |
| 7) house repair (flood damages)
1000 mud bricks each, further materials and emergency repairs of houses, offer to all families in category A, taken by 7 families | EUR 1047,- | (in cooperation with THF and L.O.T.I.) |

Flood relief / Leh

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| 8) basic set for one Ladakhi family | EUR 100,- | (spent) |
| 9) blankets and food supplies for Indian season workers / 30 families / new bus stand | EUR 613,- | (spent) |
| 10) support for one Bihari family
head of family died at new bus stand | EUR 100,- | (spent) |
| 11) support one Rajasthani family
ill family member | EUR 50,- | (spent) |

General / Choglamsar

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| 12) Sakya Anigompa
new roof / one building
donation | EUR 833,- | (spent) |
| | EUR 200,- | (handed over) |
| 13) Gaensokhang / old peoples' homes
mattresses, food supplies, heating,
53 pairs of winter shoes) | EUR 833,- | (EUR 447,- spent, 386,- for winter shoes, December) |

Changthang

- | | | |
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| 14) support two poor Tibetan families
blankets, rice, flour, lentils, vegetables | EUR 148,- | (spent) |
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15) repair of poor family's house
new roof

EUR 333,- (spent)

**further support for Tibetans in Ladakh / provided and planned with Bodhicitta e.V. ,
supported by Tara Trust**

provided monthly support:

16) support: 4 needy families in Choglamsar EUR 200,- / month (50,- each)

17) support: 2 old families in Agling / no children EUR 100,- / month (50,- each)

18) support: 1 needy family in Changthang-Sumdo EUR 50,- / month

19) support: diabetes treatment / one patient EUR 20,- / month

20) support: one nun, 6 years, parents died EUR 25,- / month

planned support for medical treatment in Delhi:

**21) organisation and financial support for
necessary surgery, travel expenses and
2 months stay (for rehabilitation) in Delhi
for Tashi Tsering**

calculated costs: EUR 3500 - 5000
collected so far: EUR 1942,-



for one project we still need your help...

...Tashi Tsering fell down a wall 3 years ago, was unconscious for 1 month and after waking up was diagnosed a broken hip.

Unfortunately he could neither be treated in Ladakh nor could he afford to go to Delhi and pay for treatment there.

Currently his wife works as porter and labour to earn the family's income.

The two have two daughters.

A surgery could change the life of the whole family since Tashi Tsering is an experienced builder and supervisor of construction. A friend of mine who works as an architect in Ladakh offered him a job after surgery and rehabilitation.

Currently we have a cooperation for this case with an orthopaedic surgeon in SNM (Sonam Norbu Memorial Hospital) in Leh and AIIMS (All India Institute of Medical Science) in Delhi.

When I left Ladakh, Tashi and his wife were crying. The reason for that? Since the accident happened, they went everywhere to ask for help, but nobody listened to them. Part of their problem is the hardship of being a 'mixed' couple: Tashi Tsering comes from the Everest region in Nepal, his wife is a Tibetan refugee. Many 'mixed' couples face a lot of difficulties in Ladakh since they are not accepted in many formal and informal support networks.

If everybody reading this gives a donation of 5 or 10 Euro, the costs for the surgery can easily be covered and thus help for Tashi and his family could be provided.

Thank you for your interest!

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To all my friends:

Please excuse my not answering most of your mails during the last months, the combination of fieldwork for my PHD thesis and the organisation of all those projects left almost no time for going to Leh and spend time in internet cafés. Sorry.....

Now I am back and look forward to meet all of you!!

Yours, Nike